

WINTER 2014



PATHWAYS

“IF YOUR ACTIONS INSPIRE OTHERS TO DREAM MORE, LEARN MORE, DO MORE AND BECOME MORE, YOU ARE A LEADER.”

- JOHN QUINCY ADAMS

IN THE PAGES OF THIS ANNUAL REPORT, you will find the names of Youth Homes of Mid-America’s leaders; those who, by their unselfish actions, truly have inspired our kids, our families and our staff to dream more, learn more, do more and become more!

Together we have been empowering kids, changing lives and strengthening families for over 70 years, and our mission to provide a path to independence is as relevant today as when we opened our doors in 1943. Youth Homes of Mid-America is extremely fortunate to have donors, volunteers and allies who give of their time, talents and resources to make sure we continue to be here for every kid and family who comes looking for a better life. The work that we do is only possible because of the support and passion of those listed on these pages. I could not be more grateful for the faith you have placed in us or for the impact you have made in the lives of others. Thank you for being one of our leaders!



Mike Arndt,
Executive Director

Make sure to visit our new website at YHMA.ORG to find out how you can help make a difference!



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Youth Homes did well by Brandon. They taught him life skills, anger control, how to clean and organize and how to stick to a task and follow through. We had home visits whenever we asked for them. The staff is amazing and so is this program. I highly recommend it to anyone. Thank you.

- FAMILY

I feel YHMA is doing a good job at helping me be a better person. I feel like when I need someone to talk to, staff are always there. They strongly support me in track and often encourage me when I feel down about something. Even though all staff are wonderful to me, I feel like my go-to staff members are Lisa, Jessica, Laura and Ty. I also feel that I have a good relationship with staff members and get along with peers most of the time. My time at YHMA has been good, and I plan on making the next year a success.

- YOUTH

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THE YOUTH HOMES 70th ANNUAL MEETING:

A Night to Celebrate

The Youth Homes of Mid-America's 70th Annual Meeting was held on April 17th, 2014, at the Izzak Walton League in Des Moines. The annual meeting is a night to recognize and celebrate our accomplishments with YHMA clients, staff, volunteers and friends.

Harriet Feder was a member of our Board of Directors from 2006 to 2009. Because of her love of Youth Homes and our annual meetings, her husband Ron made a generous donation in her memory to help cover the costs of the annual meeting.



Paul Kruse, the nominating committee chair, made the following nomination recommendations:

Board of Directors 2014–2015 Officers:

Tom Foldes, President
Anne Happel, Vice President
Rich Schappert, Secretary
Mark Merfeld, Treasurer
Larry Taylor, Past President



Board of Trustees 2014–2015 Officers:

Dick Vohs, President
Paul Kruse, Vice President
Brad Winterbottom, Secretary
Gene Weber, Treasurer
Duke Reichardt, Past President



TOP: Friend of Youth Award recipient Dan Ochylski of the Ochylski Family Foundation
MIDDLE: Friend of Youth recipient Terry Handley, long-time YHMA Board Member and president-COO of Casey's General Stores
BOTTOM: Friend of Youth recipient Dr. Clay Guthmiller, retired Johnston Community Schools superintendent

First Three Year Term

Dick Clinard, Nationwide Insurance
Rick Ball (moved from Board of Dir.)
Chris Jermier, Jacobson Companies
Mark Lyons, LaMair Mullock Condon
Kirk Van Kirk, Progressive Foundry

After the nominations were approved by a voice vote, many awards were presented. The Friend of Youth Award recognizes those individuals and organizations that exemplify the mission and spirit of Youth Homes of Mid-America. This is the highest level of recognition that Youth Homes bestows on any one person or organization. All of those recognized with this award represent the quality and character we wish to instill in our many clients.

FRIEND OF YOUTH AWARD RECIPIENTS

Ochylski Family Foundation
Terry Handley
Dr. Clay Guthmiller

The Bill & Ann Trebilcock Exceptional Staff Award was created in 2012 to recognize outstanding service, dedication and commitment to YHMA kids and families. The award is given to a staff member who exemplifies the core qualities of YHMA: compassion, relationships and tenacity. The staff member is enthusiastic about his work with kids and families and believes in the vision and mission of YHMA, creating a path to independence for the kids and families we serve.

BILL & ANN TREBILCOCK EXCEPTIONAL STAFF AWARD

Eric Goodale

The UBS Hobart & Alta Ross Outstanding Achievement Award is named in honor of our founder and his wife



LEFT: Executive Director Mike Arndt with Past Presidents Larry Taylor and Duke Reichardt
RIGHT: Mo Wright receiving his award
BELOW: Director of Program Quality Chris Koepplin recognizing staff members Shawna Gordon, Tom Gordon, Christy Keyes and Page Morris

and was established in 1978 to recognize those young men and women who have made exceptional positive changes in their lives. These changes began to take shape while these individuals were clients of Youth Homes of Mid-America. These individuals represent the highest level of achievement to which all of our clients aspire. UBS annually awards a recognition plaque and a cash gift to the recipients of this award.

UBS HOBART & ALTA ROSS OUTSTANDING ACHIEVEMENT AWARD

Maurice "Mo" Wright



Congratulations to all of our award recipients and thank you so much to our dedicated staff, boards, volunteers and many friends. We are extremely grateful for your time, talent and commitment to Youth Homes of Mid-America and to the kids and families we are privileged to serve.

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Youth Homes was willing to take a hard-to-work-with young lady and never gave up on her during some really trying times.

- STAKEHOLDER

I honestly think YHMA has met most of my needs and has taught me a lot. The groups that we have include everyone and everyday situations. I enjoy living here most of the time and feel safe. Also, I like that you guys make things fun and try to do as many activities as possible. I feel as though this program makes most of the kids who live here and who have been discharged successful, so I thank you.

- YOUTH

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TOP: Eric Goodale receiving the Staff Excellence Award from Chris Koepplin
BOTTOM: YHMA education staff at 70th Annual Meeting

2014 STAFF SERVICE AWARDS

3 Years
Shawna Gordon
Tom Gordon
Chris Koepplin

15 Years
Eric Goodale
Brad Mellencamp
Arron Weaver

5 Years
Christy Keyes
Page Morris

25 Years
Todd Flannery
Rich McGee

10 Years
Jenetta Hines

Youth Homes of Mid-America ANNUAL GOLF CLASSIC NETS OVER \$83,000

The Most Successful in 17-Year History



The Youth Homes of Mid-America's 17th Annual Golf Classic, held Monday, June 9th, netted over \$83,000, the most successful in YHMA history. The golf outing, which benefited the children and families of YHMA, brought 208 golfers, some traveling from out of town to attend the event at Echo Valley Country Club in Norwalk.



Event sponsors included Sammons Financial Group, Casey's General Stores, Hy-Vee, Farm Bureau Financial Services, John Deere, Gilcrest Jewett, Burke Corporation, Dupont-Pioneer, Reynolds & Reynolds Inc., Nationwide, Manatts, Bluestone Project Management, Bluestone Engineering, Star Equipment, Jim & Patty Cownie, Bill & Sue Burke, UBS, Anderson Erickson Dairy and Bob Brown. Additionally, 50 companies, organizations

and individuals were tee-sign sponsors. Many others contributed silent auction items and raffle prizes.

"We are truly grateful to all of the golfers, sponsors, volunteers and the golf committee for their support of this wonderful event," said Wendy Ingham, YHMA director of development. "It will make a huge impact in the lives of the kids and families that we serve."

The YHMA Golf Committee was chaired by Rick Ball. Other members of the committee included: Brad Duffy, Jim Fleming, Wally Geiger, Bill McGinn, Doug Pearson, Michael Sadler, Rich Schappert and Leanne Smith.

The annual event began in 1998 and, over the course of 17 years, has generated a combined net income of \$663,000 for the organization.

PLEASE SAVE THE DATE for the 18th Annual Youth Homes of Mid-America Golf Classic on Monday, June 8th, 2015. The event will once again be held at Echo Valley Country Club in Norwalk.

The 21st Annual O'Donnell & Friends Open Raised \$81,893 for YHMA

The 21st Annual O'Donnell & Friends Open held on June 27th at Toad Valley Course in Pleasant Hill raised over \$81,893.00 for Youth Homes.

"We are extremely grateful to the O'Donnell Family for selecting us as this year's charity and for all of their hard work and efforts in organizing this wonderful event," said Wendy Ingham, director of development. "We are truly humbled by their generosity and dedication to not

only Youth Homes of Mid-America but also to the community."

The O'Donnell & Friends Open is an annual golf outing for family and friends to gather for a day of fun while supporting charitable organizations in the Des Moines area.

In 1994, the O'Donnell family held a golf outing, which served as a family reunion and included Dan & Dee O'Donnell, their 10 children and spouses, and their

grandchildren. In 1995, they hosted their second annual golf outing and decided to raise money for their grandchildren's cheerleading squad at Lincoln High School in Des Moines. Since then, the O'Donnell's have raised nearly \$1 million for local charities.



Youth Homes of Mid-America RECEIVES \$500,000 FROM THE W.T. AND EDNA M. DAHL TRUST YHMA EDUCATION CENTER NAMED IN THEIR HONOR

Youth Homes of Mid-America is excited to announce that they have received a \$500,000 gift from the W.T. and Edna M. Dahl Trust, which will be used to ensure that services, programs and facilities continue to meet the needs of the children and families served.

The W.T. and Edna M. Dahl Trust honors the memory of Mr. and Mrs. Dahl, long-time Des Moines residents. W.T. Dahl was the founder of the Dahl's grocery stores located throughout the Des Moines metro area.

"W.T. and Edna were long-time friends and supporters of Youth Homes of Mid-America," explains Mike Arndt, YHMA executive director. "Their financial support now exceeds one million dollars, and we are grateful to trustees Paul Tyler and Jerry Jones for continuing the legacy that W.T. and Edna created here at Youth Homes of Mid-America."

"W.T. and Edna were very private people in their philanthropy, but they were extremely proud of their relationship with YHMA. They



firmly believed in the value to the entire community of the services YHMA provides and would have been most appreciative of this recognition," noted Trustee Tyler. In recognition and in honor of W.T. and Edna's generosity, Youth Homes of Mid-America named their education center the W.T. and Edna M. Dahl Education Center in a dedication ceremony held on Tuesday, August 19th at the YHMA campus followed by an open house.



TOP: Dahl Trustee Paul Tyler
BOTTOM: Unveiling at the Dahl Dedication Ceremony
LEFT: Board members Kelly Housby, Duke Reichardt, Larry Taylor, Mark Lyons at Dahl's Dedication

“Very impressive program. I have seen numerous successes due to excellent staff and programming. Keep up the great work!

- STAKEHOLDER

I have been very happy with the services provided for my youth while in placement at Youth Homes of Mid-America.

- STAKEHOLDER

Anytime we have questions, the staff have always made time to talk with us and explain any questions or concerns we have. Thank you very much, and you are appreciated very much!

- FAMILY

I thank the staff for everything, and they should be better appreciated for their jobs.

- YOUTH

2013 ANNUAL REPORT

Gifts Received from January 15, 2013 to January 14, 2014

\$10,000 or more

Aviva USA Charitable Foundation
Mr. & Mrs. John Hale
Mr. & Mrs. Donald F. Lamberti
Nationwide Foundation
Principal Financial Group Foundation, Inc.

\$5,000 to \$9,999

Casey's General Stores
Ernest & Florence Sargent Family Fnd.
(CFGDM)
John Deere Financial
Mr. Robert L. Maddox, Sr.
Henry G. & Norma A. Peterson
Charitable Trust
Mr. John J. Ply
Mrs. Joann Sargent
Wolin & Associates Inc.

\$2,500 to \$4,999

American Equity
Des Moines Area Assoc. of Realtors
Mr. & Mrs. Steve Flood (UW)
Mr. & Mrs. Waldo Geiger
Guideone Foundation
Mr. & Mrs. Charles Happel
Mr. & Mrs. Sandy Heidemann
Mrs. James W. Hubbell, Jr. (CFGDM)
John R. & Zelda Z. Grubb Foundation
Mr. & Mrs. Robert Maddox, III (UW)
Merchants Bonding Foundation
Mr. & Mrs. Rolland Nelson
Mrs. Patricia Sink
Mr. Larry Taylor (UW)
Mrs. Diane Reed (Wellmark Fnd.)

Wells Fargo Foundation
West Bancorporation Fnd., Inc.

\$1,000 to \$2,499

Mr. John W. Ahrold
Anderson Erickson Dairy
B.J. Brown Chiropractic P.C.
Mr. & Mrs. Charles Betts, Jr.
Mr. & Mrs. Ken Bilbrey
Bluestone Engineering
EFCO Corp.
Mr. & Mrs. Mark Elming
Mr. & Mrs. James W. Fleming (CFGDM)
Mr. & Mrs. William Friedman, Jr. (UW)
Mr. & Mrs. Michael Gartner
Mrs. Barbara Graham
Mr. & Mrs. Terry Handley (UW)
Mr. & Mrs. Kelly J. Housby
Mr. & Mrs. Mike C. Hubbell
Mr. & Mrs. William Kimball
Mr. Kenneth Kinsey
Mr. & Mrs. Paul Kruse
Dr. & Mrs. Larry C. Martindale
Dr. Rachel McLean & Benjamin McLean
Mr. & Mrs. Brian Meng
Meredith Corporation Fnd.
Nationwide Ins.
– Matching Gift Doug Pearson
Mr. Karl Rasmussen (CFGDM)
Mr. & Mrs. Duke Reichardt
Ms. Sandy Lynn Riggs
Sammons Financial Group
– Matching Gift Angie Arndt-Parker
Mr. Rich Schappert
Shirley M. & Roger F. Stetson Fund
(Schwab)

Mr. & Mrs. Lloyd B. Taylor
Mrs. Dorothy M. Tuttle
Mr. & Mrs. Paul Tyler (UW)
Vista Real Estate Corp.
Mr. James Wacker
Wild Rose Entertainment
Mr. & Mrs. Brad Winterbottom
Wittern Charitable Foundation
Violet G. Young Charitable Trust

\$500 to \$999

Mr. & Mrs. Mike Arndt
Mr. & Mrs. Robert Arndt
Aviva Charitable Foundation
Mr. & Mrs. Darryl Bacon
Beasley Family Foundation
Mr. Max Bowman
Mrs. Margaret M. Brennan
Mr. & Mrs. Robert A. Britson
Mr. & Mrs. Donald Coffin (WFCS)
Katie Cownie & Damien Lock (UW)
Data Business Equipment
Mrs. Donald Duvick
Mr. & Mrs. Greg Elming
Mr. & Mrs. Peter Flynn, Sr. (UW)
Gilbert & Cook, Inc.
Mr. & Mrs. Charles G. Hartlieb
Mr. & Mrs. Mike Hubbell
Mr. & Mrs. Mark Iles (UW)
ITA Group Foundation
Johnston Green Days Spaghetti Feed 2012
Dr. & Mrs. Bradley S. Lair
Mr. & Mrs. Greg T. LaMair (UW)
Mr. Jeff Lamberti
Laser Resources
Mr. & Mrs. Trent Leopold (UW)

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Loffredo Fresh Produce Inc.
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Mr. & Mrs. David Miller
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Mr. Bill Noth
PerMar Security — Fidelity Charitable
Gift Fund
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Mr. James C. Spooner - UBS Match
Mr. Dave Sours (UW)
Stroh Corporation
Mr. & Mrs. Douglas P. Swanson
Trilix Group
Waldinger Corporation
Mr. & Mrs. Eugene Weber

\$250 to \$499

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Baker Group
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Mr. & Mrs. Donald Blumenthal
Mr. & Mrs. Gordon V. Cheeseman
Ms. Heidi Chico (UW)
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Mr. Brian D. Herbel
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Mr. & Mrs. Kurt E. Johnson
Mrs. Mary Lou King
Lillis, O'Malley, Olson, Manning, Pose et al
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RMH Systems
Mr. & Mrs. Scott C. Rogers
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Mr. & Mrs. Steven Sikkink
Mr. Marvin E. Simonsen
Storey Kenworthy Company
Mr. & Mrs. John G. Thompson
Vernon Company
Mr. & Mrs. Bill Warner
Mrs. Linda Wilker (WFCS)
Mr. & Mrs. Brian Worth
Mr. & Mrs. Philip Sumner Worth

\$100 to \$249

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Mr. & Mrs. Merle Allen
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Mrs. Cindy Arndt (UW)
Mr. & Mrs. Pete Arndt
Mrs. Angie Arndt-Parker (UW)
Mr. Scott Arneson
Mr. & Mrs. Darrell C. Ball
Mr. & Mrs. Rick Ball
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Mr. & Mrs. Robert G. Bole
Mr. & Mrs. Richard L. Bray
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Brown, Winick, et al
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Mr. & Mrs. Leon L. Casten
Mr. John D. Currier, Jr.
Mr. & Mrs. Greg Cushing
Mr. & Mrs. Charles E. Cutler
Mr. & Mrs. Raymond S. Dominick
Farmers Mutual Hail Ins.
– Matching Gift Karen Allen

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Mr. & Mrs. Mike Foster
Mr. & Mrs. Robert E. Frampton
French Way Cleaners
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Mr. & Mrs. Terry Gebard
Mr. & Mrs. Mike Gentile
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\$1 to \$99

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Mr. George Davis
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Mr. Tim Dwight
Edwards Graphic Arts
Electronic Engineering Co.
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Mr. & Mrs. Mark Elming
Embassy Suites On the River
Famous Dave's
FBL Financial Group, Inc.
First Interiors, Inc.
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Flying Mango
Flynn/Wright, Inc.
Frame Works
Gator Excavating, Inc.
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Gilcrest-Jewett Lumber Co.
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LaMair-Mulock-Condon Co.
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Martin Marietta Materials
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Massage Envy
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Mr. Kyle McCann
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Merchants Bonding
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Mercy Urbandale Clinic
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Minnesota Twins Baseball Club
Minnesota Vikings
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Panera Bread
Paragon IT Solutions
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PerMar Security Systems
Mr. & Mrs. Dean L. Peyton
Pioneer Hi-Bred
Heather Welch Puri & Dev Puri
Mr. Mark Ramsey
Mr. & Mrs. Duke Reichardt
Mr. & Mrs. Mike Richardson
Rich's Brew
River Glen Private Capital
Ms. Linda Rosky
Mr. & Mrs. Steven Schaaf
Mr. Rich Schappert
Mr. Gary Schnieder
Mr. J M Skultety
Mr. & Mrs. Russell G. Smith
Mr. & Mrs. Robert E. Soddors
Southwest Airlines Co.
St. Louis Cardinals L.L.C.
St. Louis Rams Community Outreach
StageWest Theater Company
Star Equipment
The Stelter Company
Sticks, Inc.
Stoney Creek Inn
Mr. & Mrs. Patrick Sullivan
Sun Pharmacy
Super Lube Service Center
Mr. Matthew K. Swanstrom
Mr. & Mrs. Larry Taylor
The Woods at Copper Creek
Mr. James H. Thompson
Thompson, Siegel, & Walmsley, LLC
Trilix Marketing Group

Mr. Tom Triplett
 UBS Financial Services
 The Underground Company
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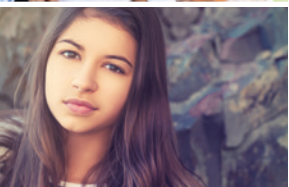
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YHMA ANNOUNCES THE OPENING OF THE COUNSELING CENTER IN ADEL



On September 22nd, Youth Homes and Dr. J. Patrick Bertroche, D.O. opened The Counseling Center in Adel, an extension of The Counseling Center at YHMA.

“The Counseling Center in Adel is being established in order to meet an identified service gap in the Dallas County area. In collaboration with and recommendation of Lifeworks, the recently designated Integrated Health Home for Dallas County, it has been determined that there is a significant need for outpatient behavioral health services for children and families,” said Chris Koeplin, Director of

Program Quality. “Additionally, Dr. Pat Bertroche, our YHMA consulting psychiatrist and medical director, has been discussing the community behavioral health needs with medical physicians in the area for several years now, and he feels there is a desperate need for these services as well.”

Dr. Bertroche and Youth Homes have a long-standing history of working together to assist youth and families in need. The expansion will give individuals and families in Dallas County and surrounding areas access to our behavioral health services. Therapists and counselors at The

Counseling Center provide a broad array of services, including assessment, therapy, skill development, family support, service coordination and more.

The Counseling Center will accept most forms of insurance, including Medicaid, and sliding fee payment options for those without insurance.

THE COUNSELING CENTER IN ADEL
915 MAIN STREET | ADEL, IOWA | 515.421.4031